

A DAY IN THE LIFE OF A BCBA

**AUTISM
FRIENDLY
GUIDE**



**NEBRASKA
BEHAVIOR
SUPPORTS**

A Day in the Life of a BCBA

Morning Routine



BCBAs typically start their day with a morning routine, which may include checking emails, reviewing treatment plans, and organizing materials for the day. They may also take a few moments to review their schedule and make any necessary adjustments.



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Therapy Sessions



ABA therapy sessions can take place in a variety of settings, including homes, schools, and clinics. During therapy sessions, the BCBA will work with the individual to teach new skills and reinforce existing ones. This may involve using a variety of techniques, such as positive reinforcement, shaping, and modeling.

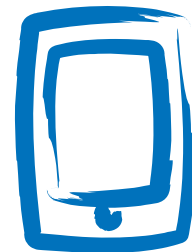


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Data Collection



A key part of ABA therapy is collecting data to track progress and identify areas for improvement. The BCBA will use a variety of tools, such as observation sheets and data collection apps on a tablet or phone, to document the individual's progress and make adjustments to the treatment plan as needed.



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Collaboration



ABA therapists often work as part of a team, which may include other therapists, educators, and medical professionals. They may meet with team members to discuss the individual's progress and make decisions about the best course of treatment.



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Continuing Education

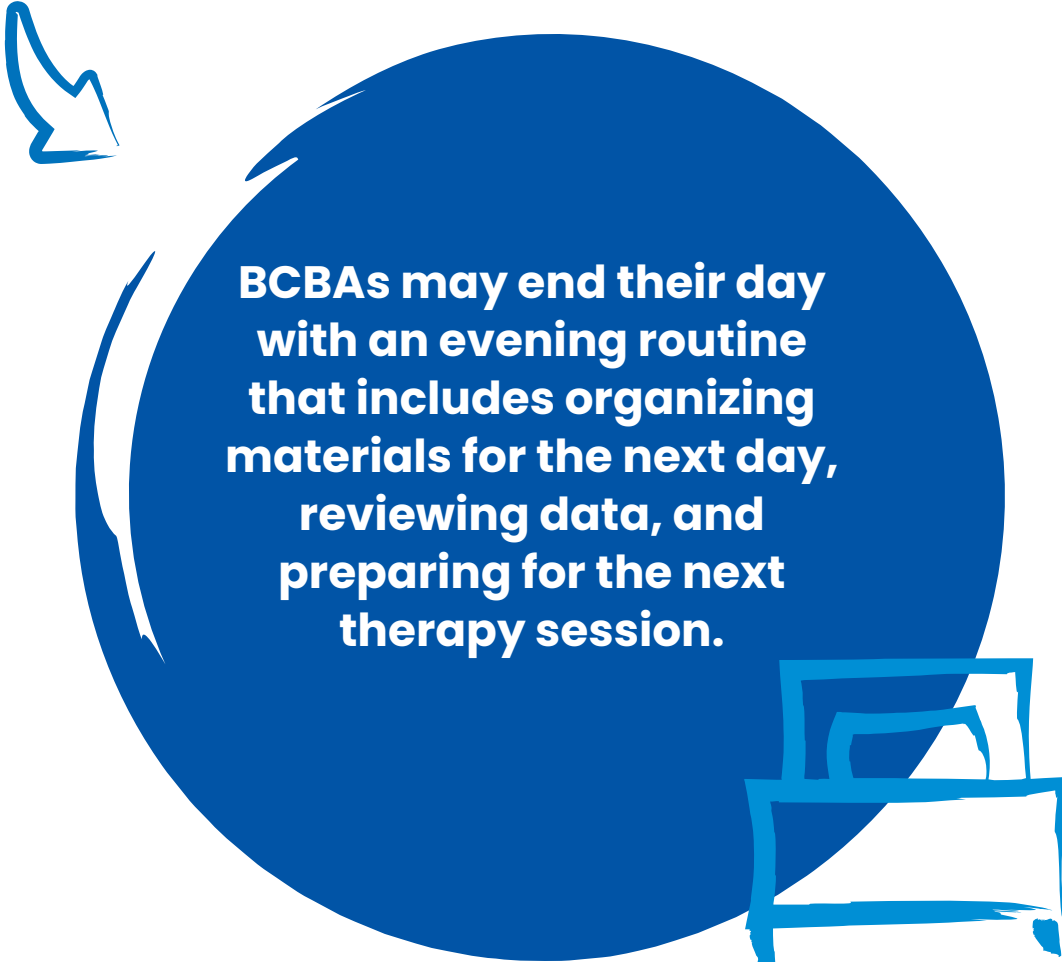


BCBAs are required to complete continuing education units (CEUs) to stay up to date on best practices and research in the field. This may involve attending workshops, conferences, or online courses



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Evening Routine



BCBAs may end their day with an evening routine that includes organizing materials for the next day, reviewing data, and preparing for the next therapy session.



***A smile
with every
step forward.***



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